

**CHIROPRACTIC PLUS PAIN TO WELLNESS CENTER PLLC in CARY, NC**  
**COVID-19 Statement**

Chiropractic Plus remains open and continues to provide patient care during these challenging times as an Essential Healthcare Provider, pursuant to the N.C. Governor's Executive Order #121.

Rest assured, we are keeping our office safe and sanitary by great effort and by following guidelines as published on the websites of the CDC, NC DHHS, and County Health Departments for sanitation of Outpatient Care Centers. In addition to these directives, both for screening and preventive sanitation, some precautions we take include (there are more than listed here!):

- **If you are feeling ill or think you have been exposed to the virus, we will reschedule your appointment and give any advice we can to assist you.**
- **We schedule only *one* patient in the office at a time (rarely, a second family member). No one waits in our waiting room.**
- **Patients call our office from the parking lot on arrival before coming into the office (to be sure there is not another patient in the office) and to be sure we have had time to disinfect and sanitize for them.**
- **Patients are expected to wear their mask before entering and during their office visit. (We wear masks also.)**
- **No-touch temperature is taken before anyone enters the main office to be sure temperature is below 100.4 degrees, per CDC guidelines. (We take ours daily, too.)**
- **Patient then goes directly into the treatment room and washes hands (and, as usual, doctor washes hands also).**
- **We have eliminated the need to physically sign-in upon arrival.**
- **Credit card and other payments, or needed copied information such as an insurance card, are handled with disinfection or no-touch protocols.**
- **We are regularly sanitizing and disinfecting common areas, doors and door handles, front desk work spaces, common touch points. If toilet facilities are used, grab bars, fixtures, etc. are disinfected after use as well. And, consistent with our standard practices, our treatment rooms including tables and chairs are disinfected after each patient visit.**
- **If another staff person is in the main office area, we ask for courtesy to maintain 6 feet of space between one another, however, we recognize this is not possible between you and the doctor.**
- **We continue to stay informed and comply with public health agencies as government mandates evolve to maintain safe protocols and choices for your wellness, as we attempt to continue to provide care in as compassionate, wise and graceful way as we possibly can.**

♥ **THANK YOU for helping us care for you, our patients, our community, and ourselves by scheduling or calling for appointments in advance, and calling us before entering our office.**

**Please know we are often in the office but may be unable to answer the phone, so please leave a voice mail message and we will return your call.**

The CDC has provided resources on what you need to know regarding COVID-19. If you would like additional information, please take a moment to review their website.

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>