WELCOME!

Confidential Health History Form

Chiropractic Plus Pain to Wellness Center, PLLC

For Office Use Only
ID #

Please Present Insurance Cards & Photo Identification to Copy for Files.

PLEASE PRINT CLEARLY! Thank you! SIGN ALL PAGES!

First visit to our office? ___Yes ___No
Title (check one): ___Mr. ___Mrs. ___Ms. ___Miss ___Dr. Other_____

PATIENT NAME: First_____ MI_____ Last_____

IF MINOR, Parent/Guardian Name:_____
PRINT: First MI Last

Address: _____
Street / Apt City State Zip

Phone: Cell:_____ Home:_____ Work:_____

Email (We do not share/Please Print): _____

Your Age:_____ Date of Birth:_____ /_____ / _____ Your Gender: ___Female ___Male _____

Your Social Security Number:_____

You are: ___Divorced ___Married ___Live-in Partner ___Single ___Separated ___Widowed

Spouse/Partner Name:_____
PRINT: First MI Last

Names / Ages of Children:_____

Females: Are you pregnant? ____No ____Yes If Pregnant, # Weeks_____ / Due Date: _____

EMPLOYMENT INFORMATION:
Employment Status: ___Employed ___Unemployed ___FT Student ___PT Student Other_____

Occupation:_____
Occupational Activities (check best description/s of your job):
___Administration ___Business Owner ___Clerical/Secretary ___Computer User
___Construction ___Home Services ___Health Care ___Food Service Industry
___Daycare/Childcare ___Executive/Legal ___Housekeeper ___Manufacturing
___Heavy Equipment Operator ___Light Manual Labor ___Medium Manual Labor ___Heavy Manual Labor

Other Job Description_____

Employer:_____ Employer Address: _____

City:_____ State:_____ Zip Code:_____

EMERGENCY CONTACT:
Name:_____ Relationship to Patient:_____

Home Phone:_____ Cell Phone:_____

Name:_____Address:_____

HOW DID YOU HEAR ABOUT OUR OFFICE?___Internet ___Insurance ___Friend/Family Other_____
Name & Address of person we can thank for referral:
_____

PATIENT SIGNATURE _____ ***DATE***_____
IF MINOR: PARENT/GUARDIAN NAME LISTED ABOVE
SIGNATURE & CONSENT TO EXAMINE/TREAT MINOR _____

Attending Doctor's Signature_____ **Date**_____

PHQ - PATIENT HEALTH QUESTIONNAIRE

Chiropractic Plus Pain to Wellness Center PLLC

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Patient Name _____ ***Date*** _____

1. Describe your symptoms _____

_____

_____

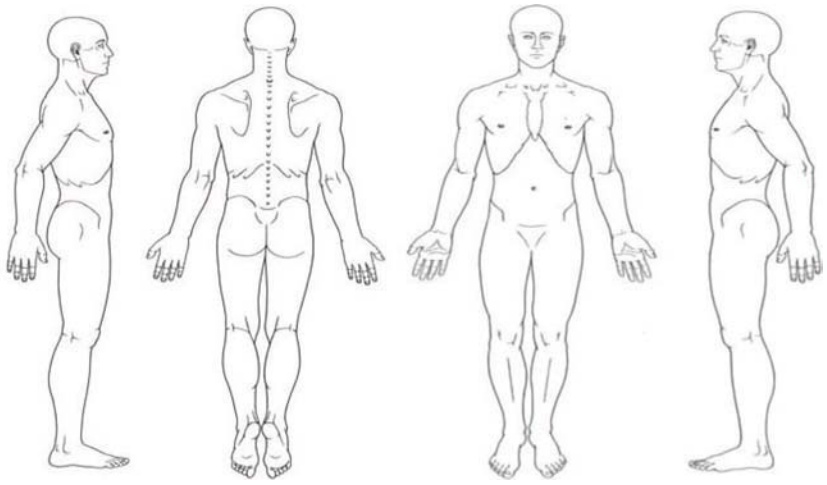
a. Date your symptoms began: _____

b. How did your symptoms begin? _____

2. How often do you experience your symptoms?

① Constantly (76-100% of the day)
② Frequently (51-75% of the day)
③ Occasionally (26-50% of the day)
④ Intermittently (0-25% of the day)

Indicate where you have pain or other symptoms



3. What describes the nature of your symptoms?

① Sharp ④ Shooting
② Dull ache ⑤ Burning
③ Numb ⑥ Tingling

4. How are your symptoms changing?

① Getting Better
② Not Changing
③ Getting Worse

5. During the past 4 weeks:

a. Indicate the average intensity of your symptoms

None ⓪ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ *Unbearable*

b. How much has pain interfered with your normal work (including both work outside the home, and housework)

① Not at all ② A little bit ③ Moderately ④ Quite a bit ⑤ Extremely

6. During the past 4 weeks how much of the time has your condition interfered with your social activities?
*(like visiting with friends, relatives, etc)*Plan

① All of the time ② Most of the time ③ Some of the time ④ A little of the time ⑤ None of the time

7. In general would you say your overall health right now is...

① Excellent ② Very Good ③ Good ④ Fair ⑤ Poor

8. Who have you seen for your symptoms?

① No One
② Chiropractor
③ Medical Doctor
④ Physical Therapist
⑤ Other

a. What treatment did you receive and when? _____

b. What tests have you had for your symptoms and when were they performed?

① Xrays *date:* _____ ③ CT Scan *date:* _____
② MRI *date:* _____ ④ Other *date:* _____

9. Have you had similar symptoms in the past?

① Yes ② No

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

① This Office
② Chiropractor
③ Medical Doctor
④ Physical Therapist
⑤ Other

10. What is your occupation?

_____

① Professional/Executive
② White Collar/Secretarial
③ Tradesperson
④ Laborer
⑤ Homemaker
⑥ FT Student
⑦ Retired
⑧ Other

a. If you are not retired, a homemaker, or a student, what is your current work status?

① Full-time
② Part-time
③ Self-employed
④ Unemployed
⑤ Off work
⑥ Other

Patient Signature _____ ***Date*** _____

ADL, EMPLOYMENT, AND RECREATION INFOMATION

Chiropractic Plus Pain to Wellness Center PLLC
Phone (919) 460-1115 / Fax (919) 460-1266

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PATIENT NAME _____ DATE _____
Initial Exam _____ Re-activation _____ Re-evaluation Exam _____

Outcomes Assessment Tool Used _____ Score _____
_____ Score _____

Description of Work: _____

Condition's Effect On Job Performance: ☐ **No Effect** ☐ **Mild** (painful can do) ☐ **Mod** (painful limited ability)
☐ **Mod/Sev** (limited duty) ☐ **Sev** (no limited duty) ☐ **Sev** (can't do limited duty)

Daily Activities: Effects of Current Condition on Performance

Bending:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Care –Infirm Family:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Carrying Groceries:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Change Posn–Sit-Stand:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Climb Stairs:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Driving:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Extended Computer Use:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Feeding:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Household Chores:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Kneeling:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Lift Children:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Lifting:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Pet Care:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Reading (Concentration):	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Self Care–Bathing:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Self Care–Dressing:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Self Care–Shaving:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Sexual Activities:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Sleep:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Static Sitting:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Static Standing:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Walking:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform
Yard Work:	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (Limited)	☐ **Sev** Unable to Perform

Recreational Activity: Effects of Current Condition on Performance

_____	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (limited)	☐ **Sev** Unable to Perform
_____	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (limited)	☐ **Sev** Unable to Perform
_____	☐ **No Effect**	☐ **Mild** Painful (Can do)	☐ **Mod** Painful (limited)	☐ **Sev** Unable to Perform

What activities would you like to do that you cannot do because of your pain, illness, condition?

_____

_____

Attending Doctor's Signature _____ Date_____